

Study Guide

June 28, 2020

PROVEN PRINCIPLES # 1 – INTRODUCTION

I SAMUEL 17: 11-39

“GO WITH WHAT YOU KNOW”

Recall a couple of times in your life where you used the wrong item, tool, etc. on a project? *[example- A brush instead of a comb; a flat screw driver instead of a Phillips; a new pair of shoes/blisters . . . Check out You Tube to see some videos of this idea]*

Things David Had To Overcome . . . Us Too

I SAMUEL 17:11-33

Invite your children to read/share this

FEAR v.11

- Name 2 other emotions that are associated with fear.
- What does II Timothy 1:7 say about fear
- What is your greatest fear?
- Discover and talk about ways you can overcome fear\

STRESS v.16

- Write out your definition of “Stress”
- This stress was created over a period of 40 days
- Does “stress” have a shelf life?
- How would you help someone who is “stressed”
- What are some things your family worries about?

DEPRESSED/DISCOURAGED v.19

- What brings depression on in your life?
- How does Psalms 23:4 apply?
- What have you found that helps you overcome discouragement
- Do we recognize when we are discouraged

CONFLICTS v.21

- Is there a continual struggle that repeats itself in your life?
- Name a struggle or conflict that you have defeated recently
- Identify any conflicts you are in at the moment

BAD ADVICE v. 28, 33.

- How can you distance yourself from negative people
- Identify those who come across with a dose of pessimism

Investigate

Where in this story do you believe David realized he was going to win the battle? Why?

Things Dave Had To Do . . . Us Too

I SAMUEL 17:34-46

Invite your children to read/share this

4 Things David Did In His Battle That We Must Do

1. Reject negative advice v.34-36a
2. Remember what God has done in your past v.37
3. Use only Proven Principles v.45
4. Believe that God is Able v.46

4 Bible Verses That Will Help In Our Battles

*“we do not wrestle against flesh and blood .”
Ephesians 6:12*

*-“For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal” . . .
II Corinthians 10:3-4*

*“lean not toward your own understanding”
Proverbs 3:5*

*“There’s a way that seems right to man but it ends in death”
Proverbs 14:12*